

Our Sense-Able Nature (OSN) in the Classroom

1. Introduce the 10 Steps to Connecting with the Natural World
2. Introduce the concept of Natural Attraction
3. Lead the class in an activity to show them how it might go. I suggest the Sense of Appetite (for air). You can even do this in the classroom before you go outside! Optionally, choose one of the 5 senses (smell, sight, sound, taste, and touch) we are familiar with and take your students outside to participate in the activity.
4. Read one of the writing/discussion prompts and have them pair and share about their experiences. Then ask if anyone wants to share their experience/responses with the rest of the class.

The next steps can either be done on the same day, or during your next session, depending on the time you have available with your students. These can be done as often as you'd like. (Be sure to review the 10 Steps to Connecting with the Natural World from time to time.)

5. Choose one of the activities (The first time you do the activity, be sure to choose one that you know will be successful in your environment) and have the students go out and participate in the activity for no less than 15 minutes (allow and additional 5 minutes for them to find their attraction).
 - o You can choose to send them out in pairs, in small groups or as individuals.
 - o Instruct them that it is to be a silent activity and that they'll have time to talk about their experience when you meet back up.
 - o When you meet back up, choose one of the following ways for them to share their experiences. Mix it up depending on what one of your school's objectives/goals are. If you're working on oral communication skills, do the pair and share; writing skills? Have them journal about their experience, etc.
 - Pair and share
 - Small Group Discussion
 - Writing responses

Options in using the cards:

1 card/whole group

1 card/small group

1 card/pair of students

1 card/individual

The backs of the cards are color-coded to help you easily find the categories of senses: Radiation Senses: Goldenrod; Feeling Senses: Blue; Chemical Senses: Brown
Mental Senses: Green (there are three mocha colored cards depicting three mental senses we often consider "negative" when in fact they are there to support our natural attraction to leave/run/remedy the situation)

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